

BRIDGES

ON THE SCENE:

Our best shots from the RLH Foundation's Royal Corncon Ball **P. 4**

FASHION:

How to get away with wearing runners at the office **P. 12**

SHARP EATS:

Enjoy authentic tastes of southern Italy in Saskatchewan **P. 25**

WEDNESDAY, OCTOBER 22, 2014

A STARPHOENIX COMMUNITY NEWSPAPER

THE CREATIVE BUZZ

ART IS LIFE
AND LIFE IS ART
FOR MONIQUE MARTIN
P. 7



FREE

IN THE CITY

OCTOBER 22, 2014 — 1:24 P.M.

Birds of a feather



A flock of geese fly south-as winter approaches in Saco. PHOTO BY MICHELLE BROWN

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ON THE COVER PG. 7



Professionalist Monique Martin works on art in her home studio in Saskatoon. Her pieces are all over Saskatchewan and around the world. BRIDGES PHOTO BY MICHELLE BEARS

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SHARP EATS PG. 25



The owners of Eufonia Pizzeria and Catering, Dikron and Blane Eufonia pose next to a map of their home base, the restaurant. BRIDGES PHOTO BY MICHELLE BEARS

BRIDGES COVER PHOTO BY MICHELLE BEARS

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ON THE SCENE

ROYAL COMICON BALL

Superheroes, villains and even Wonder Woman flooded the comic-themed Adam Ballroom at the Delta Hotel on Oct. 18 for the Royal University Hospital Foundation's Royal Comicon Ball.

Over 250 guests embraced their inner comic geek while raising \$10,000 for physician fellowship training at SURF Fellowship funding enables physicians to leave the province to study with specialists in their field, and then bring their advanced skills back to the Saskatchewan Health Region. The funds raised at the ball will support Dr. Mary Kellach to take Geriatric Psychiatry Fellowship Training in Vancouver.

1. Jesse and Halle Sereda

2. Candace Becerra, Sherrin Bodent and Arle Qualtrough

3. Meghan Grier, left, Marnie Lichterowid

4. Lisa Laskowski greets guests

5. Alex, left, and Laurie Korwecki

6. Shauna Beatty and Yong Ohnawong

7. Christine Savva and Dale Hoffman

8. Kelly Staszkyk and Sherry Dyck

9. Drew Pearson and Becca Pomeroy

BRIDGES PHOTOS BY DEREK MONTENEN



OTS



Authentic Amish Cooking



Copyright © 2004 Linda Schickel

Soft Pretzels

3 cups Yeast
2 C Warm Water
2 T Baking or Maltzyme, activated
1/2 t Salt
Garden Salt
4 C Boiling Water
2 T Baking Soda
1 T Sugar
2 1/2 C Flour

In a large mixing bowl, dissolve yeast in warm water. Add salt, sugar, and 2 C flour. Beat until smooth. Add enough remaining flour to form a soft dough. Cover and let rise in a warm place for 20 minutes. Put into boiling water with 2 T baking soda. After pretzels are formed, bake at 350°.



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GARDENING

GARDENING IN SASKATCHEWAN

Madagascar's kalanchoe makes an ideal houseplant

By Sara Williams

Kalanchoe is a succulent with crinkly, dark green and fleshy leaves that makes a unique houseplant or gift.

It originated in Madagascar, a large island off the east coast of Africa in the Indian Ocean. Kalanchoe's (Kalanchoe blossfeldiana) other common names include flowering Katy, Christmas kalanchoe, flurstichkoehe and Madagascar widow's thrill.

The leaves, which can often be tinged red, grow up to five centimetres long. The small flowers are in dense, erect clusters of about five cm in diameter. Most of the older kalanchoes had single flowers in red, orange or yellow.

Saskatoon's Mount Art Gallery Conservatory has grown single-flowered varieties for years. Become seeded varieties include 'Moussouri' (red), 'Yellow Angelina' and 'Star of Israel' (orange) and 'Apostrophe' (red).

Newer introductions have broadened the range of colour to include pink, white, purple and bi-colours. Double-flowering types such as the 'Celebrity' series are also available. Plants are generally 30 to 45 cm in height.

Kalanchoes make ideal houseplants well adapted to the dry winter atmosphere of Prairie homes. Their fleshy leaves are a welcome contrast to the dull grey (and soon to be white) outside our windows. A bonus is their rate of care: Fall and normal room temperatures are all they require. They will arrive in well-drained soil about 10 hours of light to this to begin. It can be done with effort and forethought, but it hardly worth the effort. Keep in mind that a houseplant's main purpose is to beautify your home. When they stop doing that it's time to perhaps start fresh.

Other species of kalanchoe are also commonly used as houseplants. ■ Felt bush or velvet leaf (K. fedtschenkoi) is primarily a foliage plant



Kalanchoe makes a perfect houseplant for the winter months as it grows best in dry environments. Photo courtesy of Peter Stokke

require about three months of short days (less than 11 hours of light) for this to happen. It can be done with effort and forethought, but it hardly worth the effort. Keep in mind that a houseplant's main purpose is to beautify your home. When they stop doing that it's time to perhaps start fresh.

Other species of kalanchoe are also commonly used as houseplants. ■ Felt bush or velvet leaf (K. fedtschenkoi) is primarily a foliage plant

Tall (60 to 80 cm) and upright, it has large (up to 30 cm) triangular leaves with undulating margins and a pubescent, rust-colored surface. The bottom leaves may fall off as it ages.

■ Paddy ears (K. pinnatifida), also grows for its foliage, has a succulent, triangular leaves with serrated margins and a rusty-brown edge. It's 30 to 45 cm in height and 'cute' in the same way as perennial lilies' care.

■ A miniature species, K. pumila, is smaller in all its parts. Only 30

cm in height, it has silvery-grey, pink-tinged, lanceolate foliage. It has a prostrate habit, and violet-pink flowers, making it an excellent candidate for hanging baskets.

■ 'Toni' and 'Wendy' are intergeneric hybrids. With large, pendulous, tubular flowers in pink and green, they are also ideal for hanging baskets.

Save this author of the new revised book, The Prairie Houseplant. In her latest book, Saskatoon Florist

Pam Park & Son. A photographic history of the history of our institutions and the personal stories of the people who made an important impact on Prairie agriculture.

This column is provided courtesy of the Saskatchewan Provincial Society (www.saskprairiegardens.com). For more information, click on our (public) board of members for upcoming garden information sessions. Oct. 24, A History of the Forestry from Park and Son, 7:30 p.m. at Emmanuel Anglican Church on Gaffney St.

ON THE COVER

My whole life is one big creative exploration.
I create at school, I create at home.
—Monique Martin

#LOCAL ARTIST

Martin is an endless source of artistic output



Public artist Monique Martin works on art in her home studio in Saskatoon. Her projects are all over the city and around the world. BRIGGS PHOTO BY WICKELIA PHOTO

By Sean Trembath

Monique Martin never stops creating.

The Saskatoon-based artist is incredibly busy. Her artistic CV, which doesn't even cover much of what she has done, stretches for pages.

Saskatonians would recognize many of her works — the hanging nests made of recycled materials around themselves, the bus that many people displayed in the Mendenhall, the recently

installed a series of connected clay hexagons along the river — but she has also been shown internationally. Most recently, she unveiled large versions of her nests as an artist in residence at Disneyland Paris in France, and she is set for works in Rome and South Korea.

When asked how she does so much, especially given that she also works as an art teacher at a local elementary school, she says the answer is fairly simple:

"I just worked hard to get where I am. I can't say I have more skills or talent, than anyone else," Martin says.

The studio that occupies the top floor of the house she shares with her husband is jam-packed with works in progress. Paintings hang, new nests are half-constructed, a series of lacoste lay flat together on the floor, she spends as much time creating the sometimes forgetful.

Martin is always thinking about what she

might work on next, although the thought process can take a long time. She mentions a book she is reading about how people in today's society are more alone than they've ever been.

"I'm reading it now, but it could be six years before it affects a piece of work I do," she says.

That constant thought process combined with her dogged work ethic are key to her unquenchable output.

Continued on Page 8

She doesn't waste a lot of time watching bad television, or partying with people. She makes art.

—Cathryn Miller

"She mostly works. That's what she does, that's who she is, and that's how she spends most of her time," Cathryn kidds, a friend and collaborator of Martin's, says.

"She doesn't waste a lot of time watching bad television, or partying with people like most artists."

Martin traces her trajectory as an artist all the way back to the first grade. Her teacher Margaret Loeffler was a spark to Martin and inspired it. "In her classroom she had this enormous wall, and she basically told me I could paint anything I wanted on it," Martin remembers. "I would spend hours and hours with that woman. She was the role model for who I am."

These relationships continued well past when Martin was Loeffler's student.

"Her daughters were nice enough to share her with me," Martin says. She credits Loeffler with instilling

the work ethic that has carried her through to the present day.

"She always told me I could be any thing I wanted to be. I just had to work really hard to do that," Martin says. Loeffler has since passed. Martin says she wishes her old friend could be here now to see how far she has gone.

John Perret, who taught Martin art at Holy Cross, was another measuring stick.

"She is one of my drawing stars out there. I don't have a lot of them, but she's certainly one of them," Perret, now retired, says.

Perret says he knew Martin was talented, but had no idea she would be able to take it so far.

"I'm always amazed at her creativity. It's amazing how she can take an idea and just turn it into an art form, which is one of her gifts. I'm just amazed at what she can pry out of a simple idea," he says.



A nest made by artist Monique Martin. Photo by Perret

Nuts About Nature At Beaver Creek Conservation Area



Dear Chip,
How do plants spread their seeds around?

[Then]



Dear Ellen,

This year is the right time of year to be asking about seeds. In the fall, birds aren't the only things "on the move." So are seeds! Some seeds are tiny and light, perfect for being carried by the wind. Plants like thistles and Blowing Star have feathery umbrellas attached to their seeds which allow them to float on the breeze. Other plants have seeds that are heavy and spiked—perfect for "hitchhiking." When my wild friends and I break apart plants bearing bachelors, the seeds cling to our fur. What a way to travel! There are even seeds that move wings like a helicopter, as they swirl through the air these kinds of seeds are transported to new homes. Animals that eat berries also spread seeds around. Inside each berry is a seed. When a berry is eaten, the seed travels through the animal's digestive system and is deposited through the droppings. The seed is not only taken to a new home, but the plant that grows from the seed is fertilized as well.

Send your questions to me at the address below, then watch Dinotags for the answers!

Your pal, Chip

Julie Lema-Juanita-Juanita
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When I brought home 100 pounds of dead bees, he was a little unsure about that. We have 100 pounds of dead bees in our shed. Not everybody has that. — Martin

After high school, Martin made the difficult decision to not go to art school.

"I did not want to be a teacher. I wanted to be an artist. I was accepted into a bunch of art places, but I had to find my own education. Art school looked to me like I would have to die. So my next best thing was teaching art," she says.

She was always working on her own projects. Her house was full of art, but she hadn't really got much serious thought into looking for public places to display it. It was her husband, Len Thomas, who gave her the helpful push she needed.

He proposed a sugar. Martin had to approach five galleries or exhibition spaces. If none of them were interested in none of the art said, Thomas would let it be, and they would find a place to store her rapidly ballooning collection. Martin was sure she would "win" and could go back to teaching in certainty it didn't work out that way.

One of the galleries she approached was the Mendel. Six months after showing there, what she had been working on, they contacted her to be part of a new artists' exhibition. It was 2003. Her work ended up in many Canada and elsewhere. It was the first time her name really got out there.

Meanwhile, Martin took a position as an artist in residence in Guelph, Ontario. She was actually there when the Mendel exhibit premiered, and had to be flown home.

"That whole time was when it really came together, and I realized I was actually an artist. If people ever asked, I never said I was an artist. I said I was a teacher. Now I say I'm an artist that happens to teach," Martin says.

There has been no slowing her down since. Her work has been all over Canada and the U.S. as well as England and France.

She has also continued working around Saskatoon. One of her most recent local projects was Nest, Nest Egg, Empty Nest, which was inspired by circumstances she had with her daughter, who was taking coursework at the University of British Columbia. Martin created nests out of all sorts of modern stuff, from clay to garbage to army boots, and installed them in trees around the city as well as in some gallery spaces.

Continued on Page 10



Marquise-Alexis creates her artwork in egg cartons and other items, encouraging her to create and experience it as a child and more. PHOTOS BY MICHAEL BERRY

My whole life is one big creative exploration. I create at school, I create at home. I tell my students I have the best job ever, because I get to play. — Martin

The heagons also became one of several examples of Martin including her students in her projects. Her student made heagons which were displayed as part of the School Art series at the Merlot. Another recent example is the poster you see around Saskatoon during Oktoberfest, on the Saskatoon wall, featuring quotes from the band. She taught her students printing and they made the posters.

Although she doesn't actually crave about the idea of being a teacher, she has seen growth in love the opportunity to share her creativity with these students.

"My whole life is one big creative exploration. I create at school, I create at home. I tell my students I have the best job ever, because I get to play," she says.

Getting student art out of the classroom is very rewarding for the kids, Martin says.

"I get to give my students that experience of being out on the community and believing they are valued as artists, just as even as people. It changes how they see themselves," she says. "They did bigger than putting something on the bulletin board at school."

Martin likes to bring others into her art. She recently helped coordinate another heagon project at Mike's Place, a conference for awardees and creatives in Rome. Prior to the event they distributed 25 printing plates for the heagons. Awardees could then bring their own and link them to a large collaborative work on site.

Her next similar project will come at a conference in South Korea, which will gather people from countries all over the world. Martin has been hard at work making hundreds of clay-thing bowls, an image she has worked with extensively in past works. At the end of the conference she plans to send people back to their home countries with 100 of these bowls to be hidden in public spaces to be found by passersby.

This engagement with outsiders, even those who don't know they are going to be a part of a work, is important to Martin. "Wherever themes she is looking, she likes to know that she is having an impact on people's lives."

"I always tell my kids at school that everything in life is like a puzzle in a puzzle," she says.



The best, most fun, creative art pieces were exhibited in various places in Saskatoon. SUBMITTED PHOTO

"You take it, you make ripples, and those ripples keep reverberating. You don't know who they touch. I find art is a lot like that. I kind of toss it out there and make some ripples and

I never know how they'll respond. But for me, I'm just happy I can toss the pebble."

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David Brown/thespringsnews

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FASHION

Do you have fashion advice to share with our readers?

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REGINA FASHION

Rich Alejandria: No tattoos, many shoes

By Ashley Martin

BUSINESS WEAR WITH CASUAL FLAIR

At Regina City Hall, there may be few people who grasp business casual as well as Rich Alejandria does.

Up top, he's dapper in a blazer and collared shirt. His bottom half, with dark jeans and sneakers, is like another image from a menswear-magazine picture page.

"They let me get away with jeans and runners even though it's not in our dress code," says Alejandria, a graphics technician for the city's planning department, "because I usually dress up up top."

He didn't always wear runners to work — comfortable footwear was a necessary evolution.

"Since I work on the 15th floor, I always take the stairs to try to stay fit and I can't do it in dress shoes anymore," says Alejandria.

Before, I'd get upstairs and I'd have (to put) one on my feet, so I just thought well maybe I'll just try to incorporate runners more into what I wear."

Alejandria is a shoe lover. He's constantly changing his mind about which pair is his favorite. He owns a lot of shoes, but the precise tally is a mystery.

"I try not to count it because it depresses me when I find out how many I have," he says, though "it's not close to."

ENGLISH ARTIST

Alejandria has managed to live 36 years without getting a tattoo. He says he couldn't commit to one design — he'd likely end up hating it.

Instead, he applies designs to T-shirts and wears them until he gets sick of them.

He produces NINE-themed designs for INKwear Bachelors and sells his other designs.

That said, "I'm usually the only one that buys (them)."

TAKING DAD'S ADVICE

Alejandria's father, Edgardo, was a tailor in the Philippines before the family moved to Canada in 1988.

He always tried to instill good fashion sense in his sons.

"He did lecture us a lot on what was wrong with what we were wearing. 'Your pants are too low' and 'it's too big.' It took him a long time to get through to us I guess," says Alejandria. "I only started listening in the latter part of my life."

But the advice did get through to him.

"One of the main things he told me is it doesn't really matter what you're wearing as long as it's clean and as long as it fits," says Alejandria. "It took me a while to realize that, but afterward it made me realize I could put together just a white T-shirt, jeans and a nice pair of runners and be presentable enough to pretty much do anything."

"It didn't hurt that the summer clothing made me look taller."



Rich Alejandria learned a lot about style from his father, who was a tailor in the Philippines. PHOTOS: PHOTOS BY DON HEALY

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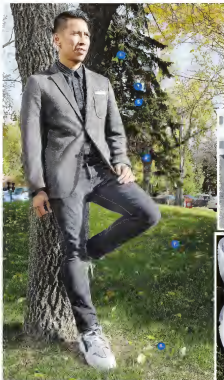
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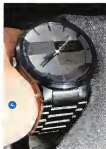
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FASHION



TODAY'S OUTFIT

- 1. **JACKET:** Marshall. "I'm not even sure what brand it is. I just thought it fit well."
- 2. **POCKET SQUARE:** "It's [forward] cancer awareness month and my mom [Amei] is a breast cancer survivor, so I like to try to incorporate a little pink, as much as I could this month anyway."
- 3. **SHIRT:** Bench.
- 4. **WATCH:** Nixon.
- 5. **BRACELET:** A gift from his mom. "It is supposed to be a water buffalo. It is a popular animal in the Philippines."
- 6. **BELT:** "I think it's a Banana Republic, but I try not to keep track of brand names."
- 7. **JEANS:** Zeta.
- 8. **SHOES:** Nike Air Huaraches. "It's an older style."

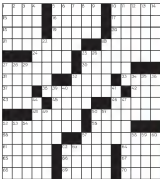


CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 See no red by
5 Like more than a third of U.S. transsexuals' masculinity
10 Airline motorcycles (4-letter word)
15 Airport shuttle route commonly
18 Man trying to clarify the spelling of his name in "2013-2014" (10 letters)
17 Tropic's season
19 Index responsibility for
19 Sound of an instrument (10 letters)
22 James Watson's last first name
23 Unofficial spelling (10 letters)
25 Dime
26 Side a road
27 Spelling clarification (#)
27 Chiles around the sun
29 Term that last year was NFL's championship as yet
31 Phage often named after a corporation
32 Ring locale
32 Indecent
37 Sex whose name is the Woke's
38 Spelling clarification (#)
42 Tenary scale
43 Car
44 Slang for "calculator"
44 "The Last Supper" is a
46 Hat for
48 CVC
49 Spelling clarification (#)
50 "Call to be"
50 Places where you can hear rock deep?
51 Spelling clarification (#)
51 Cartoonist-figure
52 Highway first
52 So (3 letters) appears like in (3 letters) this
53 A whole bunch
53 Heavily spelled in response
54 This is a perfect dot
54 General confusion?
57 Hint: ... is that not?
58 ... (3 letters)
58 SU alternative
59 The Callahan and the Sea? Fish
61 Car
61 Two-shaving stroke
61 Towhee in Toulouse
64 Learning
64 Same others
65 Together
65 Casual style
66 Movie last
67 Support staff
68 African landscape
68 Car for additional vehicle
69 Celebrity couple (10 letters)
69 Part of a black oval
69 It's always under that
69 Find sign
69 Negotiation order



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DR. FELIX VELOSO

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Dr. Felix Veloso

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Dr. Felix Veloso is a clinical professor of medicine (neurology) at the University of Saskatchewan. He is a fellow of the Royal College of Physicians and Surgeons of Canada and of the American Academy of Neurology.

Dr. Veloso has been providing neurological care for the people of Saskatchewan for over forty-five years. Dr. Veloso is the author of the widely acclaimed book *Stroke Prevention Naturally: Proven Non-Pharmaceutical Stroke Avoidance Strategies*.

Dr. Veloso is also a medical-winning neuro-therapist.





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EVENTS

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MUSIC

Wed., Oct. 22

Big Dave McLean
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**Wilems, Take the Earth Re-
neath Us, Collections, and**
Vell the Darkness
Loulie Pub,
93 Campus Dr.

PhillyBack Launch Party:
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Haywire and Glimmer
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241 Second Ave. S.

Thurs., Oct. 23

The Deadheads
Crackers Restaurant &
Lounge,
1-227 Firehouse Dr.

Big Dave McLean
Suds on Broadway,
817 Broadway Ave.

Jean Sings Series: Ellen
Doty
The Basement,
204 Fourth Ave. N.

The Rockhoppers w/ The
Fuzzy Nelsons
Amigos Cantina,
832 10th St. E.

The Modulen with Space
the Showhead and Mitch
Ortiz
Vampols Tavern,
201 Broadway Ave.

Fri., Oct. 24

Big Dave McLean
Suds on Broadway,
817 Broadway Ave.

Piano Friday: Rick Friend
Jazz Series Series: Norbert
Kopping
The Basement,
204 Fourth Ave. N.

Mel Verdine



Catch The Straddles at Capitol Music Club on Saturday. Webshots.com photo by Mike Kozicki

Army & Navy Club,
329 First Ave. N.

The Rhythmines
Fairfield Senior Citizens
Center,
193 Fairmont Ct.

The Standards Trio
Mokuliy Robinson,
3100 Eighth St. E.

Twang Wasted
Town Town Tavern,
3330 Fairlight Dr.

Cabermounts w/ Dumb
Angel
Amigos Cantina,

632 10th St. E.

Steve Hill
Vampols Tavern,
801 Broadway Ave.

Friends of Foss w/ Silent
Sas and Jennifer
Capitol Music Club,
244 First Ave. N.

Jett Run
Star's Place,
105-110 Rush St. E.

Cucumber Run
Peggy's Pub and Grill,
1403 Idylwyld Dr. W.

Fossil, Bonfire, Visceral Eyes,
and Silent Fire
Seamount Film & Record,
100-220 Third Ave. S.

Sat., Oct. 25

Anderson Burke
Broadway Theatre,
715 Broadway Ave.

Big Dave McLean
Suds on Broadway,
817 Broadway Ave.

**Piano Saturday: Don Grif-
fith**
Blues Series: Tim Williams
The Basement,

204 Fourth Ave. N.

Mel Verdine
Army & Navy Club,
329 First Ave. N.

Did Time Dance: Three for
the Show
Downtown Legion,
606 Spadina Cres. W.

Halloween Dance: The Jones
Boys
Nutsula Legion,
3021 Lullain St.

Wayne Eugene
Molly's Pubman,
3150 Eighth St. E.

The Smells
Loulie Pub,
93 Campus Dr.

Economics w/ David Self
and Emily W
Amigos Cantina,
832 10th St. E.

The Straddles
Capitol Music Club,
244 First Ave. N.

Jett Run
Star's Place,
105-110 Rush St. E.

Cucumber Run
Peggy's Pub and Grill,
1403 Idylwyld Dr. W.

MC Head
Buddy's Bar & Grill,
1341 Pineside Dr.

First All Ages Showman:
Mark, SDFL, Men Con-
duct, Dash Hester, Doctor
Booby Quiver and ARC
Seamount Film & Record,
100-220 Third Ave. S.

Sun., Oct. 26

Acoustic Night: Tim Vaughn
Suds on Broadway,
817 Broadway Ave.

Mon., Oct. 27

Three Strings Fretless
Suds on Broadway,
817 Broadway Ave.

Tues., Oct. 28

Three Strings Fretless
Suds on Broadway,
817 Broadway Ave.

Blues Series: Morgan Davis
The Basement,
204 Fourth Ave. N.

Carnival of Death Tour:
Katzkyjen w/ Suffocation,
Jungle Rot, Cypress and
Internal Bleeding
Rock Bottom,
8348 Broadway Ave.

EVENTS

ART

Mendal Art Gallery

Until Jan. 4 at 650 Spadina
Cres. E. Modern Visions: The
50th anniversary exhibition,
Modern Visions, presents about
150 works from the permanent
collection. Free discussion
series, the AllCity ART, Oct.
23, Nov. 6, and Nov. 13, 7 p.m. to
9 p.m. Attend one or all.

24th Annual Belvedere Art Festival

Oct. 22-26 in the Wheatland
Building at the Saskatchewan
Exhibition grounds. Presented
by the Saskatchewan Wildlife
Art Association. Feature artists
Brenda Alquist with give a
presentation Oct. 25, 7:30 p.m.
Includes displays of all types
with themes outside of wildlife
and nature. Oct. 22 artist
registration. Oct. 24 judging
and gala. Oct. 25-26 public art
display. Gate tickets at saskwildart.com.

The Gallery at Frances McRae Central Library

Until Oct. 23 at 311 23rd St. E.
Framing a City by Cameron
McKay: new paintings inspired
by Saskatoon's established and
emerging 50 artists.

Together in Art

Oct. 24, 2 p.m. to 7 p.m.; and
Oct. 25, 10:30 a.m. to 4 p.m., at
Greenleaf Park United Church,
4977 Cumberland Ave. St. George's
Artist's' show and sales.
Watercolour, acrylics, stone and
fabrics art.

Saskatoon Painters Club

Oct. 24, 9 p.m. to 9 p.m.; Oct.
25, 10 a.m. to 3 p.m.; and Oct.
26, 12 p.m. to 4 p.m., at Queen's
Westminster United Church,
503 13th St. E. Their annual
show and sale.

Familier Grand A Return to Kenderdine Cemetery

Oct. 24, 7 p.m. to 10 p.m., and
Oct. 25, 10 a.m. to 4 p.m., at
Friedlander das Farnsworth,
212-30th Fourth Ave. N. Warts

by Mar. Wilho Point, for show
and sale.

First Annual Riverside Heights Artists' Open Show and Sale

Oct. 24, 1 p.m. to 6 p.m., and
Oct. 25, 10 a.m. to 4 p.m., at
Resurrection Lutheran Church
Fellowship Hall, 210 Lances Dr.
Wheelabr accessible.

Affinity Gallery

Oct. 24 to Nov. 20 at 610
Broadway Ave. It's a show in
Functional and soulful clay
pieces by Scott Torr.

Gordon Sinclair College Gallery

Until Oct. 24 in Room 138 of the
University of Saskatchewan's
Murray Building. Many features
Black Together: Celebrating
75th by Pamela Olenkewicz.
Reception: Oct. 24, 7 p.m. to 10
p.m.

The Crazy Art Group Show

Oct. 26, 1 p.m. to 6 p.m., at 74
S. Victoria Street West, 121
Jasper Ave. Works by Brad Teal,
John Ziemer, Daryl Carlson,
and Mirin Redwing. Ten per
cent of sales go directly to the
Saskatoon Art Fair.

Pinkie Star Gallery

Until Oct. 26 at 1336 Eighth St.
E. New Portraits by Caroly Wylie,
Cosmic Dust by Eva Benfesa,
and Watercolors from the
Holy Land by Edward Jipp.

Eye Gallery

Until Oct. 30 at 177-1332 College
for Portraits of Nature: photo-
graphs by Trevor Carlson.

Rigger Museum & Credit Union Gallery

Until Oct. 24 at 133 Third Ave.
W. in Rigger Military Building.
Honouring men and women
from Rigger who left their
names and families to this
part in the World Wars.

House Gallery

Until Oct. 21 at 1818 Lorne Ave.
Wag 145, private key sales/piece
by Pat Day.

St. Thomas More Gallery

Until Oct. 21 at 1431 College Dr.
Georgian Bay: Three Tales by
Bridget Allben, Nicki Auli and
Christine Faye Miller.

Westside Valley Centre Gallery

Until Oct. 31 at 402 Third Ave.
S. Smudges of Watercolour:
Exploring Nature's Beauty by
Marie Pigeau.

Station Arts Centre, Northern

Until Oct. 31 at 701 Railway Ave.
In Northern: All About Northern,
Acrylic and watercolour paint-
ings by Barbara Humeau.

Westren Library

Through October in Watrous.

Harvest, a group show.

Outstanding Outdoor

Until November in Paved Art's
billboard space. The Paved
Art anti-advertising billboard
project by Scott Messing.
The project critiques the nature
of this venue as an artwork that
socially takes on the form
of public billboard advertise-
ments.

Vivid Gallery

Until Nov. 1 at 2-1004 Eighth St.
E. It's all about Saskatchewan
by Sandra Knox. Landscapes
near Hudson, where the artist
lives.

SEVP Gallery

Until Nov. 4 at 203 Third Ave. S.
Sandy Staff Art Show.

The Gallery at Art Macenat

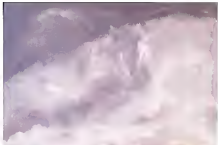
Until Nov. 12 at 238 Third Ave.
S. Luminous: Exploring by George
Hardy. Paintings capturing the
aesthetic force of the prairie
sky. Reception: Oct. 25, 6 p.m.

Hand House Gallery

Until Oct. 12 at 429 Third Ave.
N. Mischief: A Fine Balance
—Tuned vessels by Michael
Hosleit.

Centre East Galleries

Until Nov. 20 at The Centre.
Display by the Saskatoon Public



Coming to Pat Day's in studio at Photo Gallery

School Board in the Mammoth
and Indigo Galleries; Students
of Jasper Studio in the Royal
Gallery, Art by Cindy Edwards
in the Jeds Gallery, Art by the
Bridge City Artists in the Amber
Gallery; Display by the Saskatoon
Quilters Club in the Sierra
Gallery, Art by Rosanna Perry in
the Crimson Gallery; display by
The Royal Canadian Legion in
the Lavender Gallery.

Handmade House Showcase

Until Nov. 20 at 710 Broadway
The Elemental Garden,

small places by Saskatoon
quilter Dorothy Benson.

Saskatoon City Hospital of Gallery on the Bridges

Until November on the sixth floor
of the Altimet at the Saskatoon
City Hospital. Art by Leanne. An
exquisite mix of events reflecting
Dr. Leanne Sutton's exploration of
styles as array at 10.

Ukrainian Museum of Canada

Until Jan. 21 at 910 Spadina
Cres. E. Omeny in Ukrainian
travel photography by Andrew

Koochich and Karen Pitukley

Black Spruce Gallery

Until Nov. 30 on Hwy 2 at
Northside: The Sorel Forest.
Through the eyes of an artist.

Western Development Museum

Through April 20 at 200
Lorne Ave. Big Bear Travelling
Exhibit. In partnership with the
Royal Saskatchewan Museum.
A 90 million-year-old roadside
dinosaur brought back to life
through 3D imaging.

EVENTS

#FAMILY

Stay and Play

Thursday and Wednesdays, 9:15 a.m. to 11:30 a.m., through April. For children up to age five. Semi-structured on-site snacks, story time, toys, activities. Email stayandplay@kaskatoon.ca or visit the Facebook page.

Stars and Showers

Wednesdays, 1 p.m., at Centre Cinemas In The Centre. Choice of two movies each week. A family-friendly environment with lowered volume, dimmed lighting, a changing table and stroller parking in select theatres.

Go's Climbed Play

Daily, 10 a.m. to 6 p.m., in Day 4 of 478 South Highway 58. W

In Wexham Saskatchewan's newest indoor playground. For children up to age 12. Visit cubefunplayground.com or their Facebook page.

Children's Play Centre

Daily at Lawson Heights Mall. A fun, safe, environment for pre-school children to play. Please note this is an unsupervised play area and adults must stay with and supervise children at all times.

Market Mall Children's Play Centre

Daily just off the food court at Market Mall. This play area is free and has different level slides. Children must wear socks in the play area.

Scoreboard Indoor Playgroup

Thursdays, 9 a.m. to 11:15



Game Wild for Wildlife Saturday at Panveland Park. *Game Wild for Wildlife* is an educational fundraiser for the Wildlife Rehabilitation Society. All proceeds raised help provide rescue and rehabilitation to injured wildlife and cover veterinarian care for injured wildlife. Set this bird found near Fort McMurray. Also, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000.

a.m., October 1 to May, at Emmanuel Baptist Church, 1636 Acadia Dr. Parent-supervised playgroup for kids up to age five. A bounce house and toys

for kids, designated infant play area, coffee/tea for parents. Registration on arrival. Information at seattlewildlife.org or their Facebook page.

Fun Factory Indoor Playground

Daily at 1632C Quebec Ave. A parent indoor playground for young children. Adults and children under one year are free. There is a separate fenced-in area for children under two.

Breastfeeding Cafe

Thursdays, 10 a.m. to 1:30 p.m., at Woodlands Primary Health Centre, 331 Fairchild Dr. A drop-in support group for breastfeeding women. Sessions will be facilitated by a lactation consultant with a brief educational presentation and time for one-on-one with the mother.

Moments for Mommies

Thursdays, 10 a.m., at Rainbow Chimes in The Centre. An infant-friendly environment

with reduced sound, change tables, bottle warming and stroller parking.

Game Wild for Wildlife

Oct. 28, 12 a.m. to 9 p.m., at Penikese Island. An educational fundraiser for the Wildlife Rehabilitation Society of Saskatchewan. Live wildlife, education booth, lecture, a silent auction and children's activities. Tickets at the door. All proceeds support WRSOS in losing Saskatchewan's wildlife.

Baby Talk at SPL

Fridays, 10:30 a.m., at Alice Turner Branch, Mondays, 10:30 a.m., at Carlyle King Branch and at Wood Branch, and Tuesdays, 10:30 a.m., at Cliff Wright Branch. Half-hour singing and rhymes, then mingle with other parents.

BIG BERT Travelling Exhibit

ON DISPLAY THROUGH APRIL 2018 AT THE WESTERN DEVELOPMENT MUSEUM 2010 LORNE AVENUE

WOMELA

Big Bert, a 32 million year old crocodile skeleton discovered in 1991 along the banks of Carrot River in the Pasquia Hills of Saskatchewan. This fossil is the world's most complete Temnocheilus skeleton. crocodile skeleton measuring approximately 3.6 m (12 feet) long. It still shows more than 1 mm long.

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EVENTS

Scream Street

Fri., 5:30 a.m. to 10:30 a.m., meet in front of Customer Service at The Mall at Lincoln Heights. Classes consist of power-walking, body-sculpting moves using exercise tubing and a soulwalking for parents and babies. Pre-registration is recommended but not necessary. No dress-up on this holiday.

Canadian Light Science (CLS)

Public Tours
Mondays, 1:30 p.m. daily until Oct. 24, 9 a.m. Oct. 26, 10 a.m., at the Canadian Light Science. An immersion into the synchrotron research facility is open for the public. Pre-registration is required. Call 306-657-3644, email outreach@lightscience.ca or visit lightscience.ca/educational_tours.php.

Craft and Story Time

Sundays, 11 a.m. at Inigo Books, 3522 Eighth St. E. In the kids' section. Call 306-364-5887.

Fairytale Annual Princess & Prince Fancy Dress Party

Oct. 25, 11 a.m. to 4 p.m., at the Sussex Centre, 211 Pioneer or Web. Open-Children's Theatre annual fundraiser. An afternoon of adventure and tea parties. With princesses and princes, a fishing pond, crafts, a princess tea party, beauty contests, story contests, face painting, the Princess and the Prince and the Wicked Steeple. Free. Tickets at Willowden, call 306-683-9460 or at the door.

Keep Birth Rhythms Open

Oct. 23, 10 p.m. to 11 p.m., A fundraiser for birth rhythms. Open House at Birth Rhythms, 348 Third Ave. S., from 10 a.m. to 4 p.m., with children's activities and a special screening of the documentary *Mindful Birth*. Birth Rhythms open at 7 p.m. with Susan Ste. Holsen, The Girlfinders, Johanna Newby-Hen, and Julie Tallman. With a 50/50 raffle and a silent auction.



Johanna Newby-Hen (left) addresses the Saskatoon Breastfeeding Mamas group. Birth Rhythms: Saskatoon Birth in the World.

How to Draw Comics & Get into the Amazing Way

Oct. 23, 2 p.m., at Amazing Stories, 2506A Eighth St. E. An introductory class designed for beginner to intermediate students ages 12 and up. With instructor Karl Davis. Supplies provided. Space is limited.

Pumpkin Patch Family Fun Night

Oct. 25, 6:30 p.m. to 8:30 p.m., at Community Spirit Church, 1046 Jacobs Dr. A community fun night filled with games, prizes, and treats for all ages. Admission at the door.

Something on Sundays

Sundays, 2 p.m. to 4 p.m., at the Mendon Art Gallery, 1650 Squaw Creek. It's a family fun for ages four to 12, accompanied by an adult. Art-making activities led by gallery artists. Supplies are provided. Oct. 26, Make Your Dolls — a 1950s fad — for Halloween.

Corn Maze

Oct. 25-26, 11 a.m. to 4 p.m., at the Saskatoon Saloon Cultural Centre, at the corner of Cedar Villa Rd and Hwy #1. A seven-acre corn maze. Open for the weather. Admission at the door. All family-sized go toward continued development of this Saskatoon State Park Centre.

Jack-O' Lanterns Are

Oct. 25-26, 1 p.m. to 4 p.m., at the South Valley Centre. Paint a reusable jack-o'-lantern using a jar, and play some Halloween games. In partnership with 306-665-6888. Admission by donation.

Postnatal Yoga

Mondays, 12 p.m. to 1 p.m., at Pregnancy and Parenting Health Centre, 348 Third Ave. S. Beginner to intermediate yoga designed to help with postnatal recovery. Body-friendly class with a certified

yoga teacher. Suitable for four weeks to two years postpartum. Register at mccp.org or by email at conspire@yyc.ca. No class on holidays.

Known Gay at the Museum

Oct. 26 at the Children's Discovery Museum in Market Mall. The fourth Sunday of each month. In 2004, admission is free. Courtesy of the Pines and the Children's Museum of Saskatoon.

Prenatal Yoga

Mondays 6 p.m. to 7 p.m., at Pregnancy and Parenting Health Centre, 348 Third Ave. S. Taught by a doula and certified yoga teacher. Information and safe for any stage in pregnancy. Call 306-251-0443 or email inspire@yyc.ca. No class on holidays.

Nativity Years

Mondays until Dec. 1, 7:30 p.m. to 8:30 p.m., at Pregnancy and Parenting Health Centre, 348

Third Ave. S. A comprehensive childbirth education series, preparing parents for the birth of a child. To register visit birthrhythms.ca.

Playgroup

Tuesdays, 9:30 a.m. to 1:30 p.m., at Grace Westminster United Church. Hosted by Prairie Hearts Learning Community, a group of families inspired by Waldorf philosophy. Programming is aimed at children ages two to five, but all ages are welcome.

Preschool Story Time

Tuesdays, 10:30 a.m. to 11 a.m., at Marilyn Robinson, 2630 Eighth St. E. For children ages three to five in the Circle of Trees. Call 306-950-1477.

Halloween Howl-Id's Party

Oct. 26, 9:30 a.m. to 8:30 a.m., at the German Cultural Centre, 1850 Carleton Place. It's Come In Costume. Games, bounce

castles, treats, scary stories, mad scientist lab, food and drinks for purchase. Tickets at the German Cultural Centre.

Nativity Years

Tuesdays until Nov. 4, 7:30 a.m. to 9:30 a.m., at Pregnancy and Parenting Health Centre, 348 Third Ave. S. A comprehensive childbirth education series, preparing parents for the birth of a child. To register visit birthrhythms.ca.

BRICKS & KIDZ! Saskatoon

Regular after-school programs, preschool classes and camps for kids of all ages at various locations in Saskatoon. An atmosphere for students to build unique creations, play games, and have fun using LEGO bricks. Visit bricks4kids.com or call 306-979-3336.

Saskatoon Public Library

Programs
Ongoing daily programs for children and families. Find the calendar at saskatoonlibrary.ca or 306-979-1096.

SPECIAL EVENTS

MyLife! Carpet Bowling

Wednesdays, 1 p.m., at MyLife! United Church. Beginners and experienced players are welcome. For information call 306-401-3551.

Cemetery Night with Judy Peters

Oct. 23, 7 p.m., at Capital Mall, 344 Third Ave. N. The Cemetery Connection brings something for all ages.

Annual Marmoset and Owl Book Sale

Until Oct. 23, 9 a.m. to 8 p.m., at the German Cultural Centre, 1850 Carleton Place. Hosted by the Canadian Federation of University Women Saskatoon Inc. Funds raised go to the CFUW pool scholarship for women.

EVENTS

Off the Rails Bonspiel
Oct. 23-25 at CW Curling Club,
1000 Chippewa Rd. Register at
306-362-3086. Visit curlingclub.com.

**All You Can Eat Varmity
(Parody) Supper**
Oct. 24, 5 p.m. to 7 p.m., at
Ulstermen Orthodox Cathedral
Auditorium, 519 20th St. W.
Includes pancakes, dessert and
a beverage. Meat and cabbage
rolls are available at extra cost.
Tickets at the door.

**Paint the Town: Pop-Up Art
Gallery & Travel Auction**
Oct. 24, 5:00 p.m. to 10:30
p.m. at TCU Place. Presented
by the Saskatoon Community
Foundation. Hosted by Brent
Lousley and Penny Murphy.
Featuring pinboard horse, flea
art by Saskatchewan artists.

entertainment by Jack Somack
and Jessica Robinson. Travel
auctions, and dancing. Tickets
at private sale. Funds raised
support the Imperial Order of
Foresters. Cowan's The Leader
in Macpro Inc. identified
Saskatchewan schools. The
show of artwork will continue.
Oct. 25, 11 a.m. to 8 p.m. Visit
perthtownsaskatoon.com.

Dr. Skatky's Crazy Classics
Oct. 24, 7 p.m. to 10:30 p.m., at
Pine Flow Dance Centre, 234
25th St. W. A night of spooky
sketching. With dancing,
pranks, music and themed
snacks. Bring your skatky
supplies and paper. Admission
at the door.

United Nations Day
Oct. 24, 1:30 p.m., at Third An-
nual United Church, 304 Third

Ave. N. Organized by the United
Nations Association in Canada
— Saskatoon branch. Environ-
mentalist, journalist and author
Paul Hargis presents his new
book, *QUEEN*. The title refers
to the United Nations forecast
that the world population will
grow to 11 billion people by the
year 2100. Refreshments will be
served. Admission is free.

The Wills Dances
Oct. 24, 7:30 p.m., at Grosvenor
Park United Church. A blend of
bluegrass, country and gospel
music. Tickets at 306-314-
1764.

Lost in the Dark Com-Mix
Oct. 24-25, 6:30 p.m. to 9:30
p.m., at the Saskatoon Italian
Cultural Centre, at the corner
of Cedar Villa Rd and Hwy 10.
A seven-act comic music after

dark, bring flashlights and
dress for the weather. Children
under 16 must be accompanied
by an adult. Admission at the
door.

Saskatoon Fall Home Show
Oct. 24-26 at Pearson Road Park.
Bringing together products,
services and industry leaders in
home construction and reno-
vation. Admission at the door.

Saskatchewan Ladies' Bonspiel
Oct. 24-26 at Saskatchewan Curl-
ing Club, 141 Jesse Ave. Ladies
Competitive Cash and Mystery
Fun Suppals.

Jim Jefferies
Oct. 23, 8 p.m., at TCU Place.
The Australian stand-up
comedian, actor and ventrilo-
quist. Tickets at 306-978-
7799, tickets.ca on.



Comedian Jim Jefferies will be performing Oct. 23, 8 p.m., at TCU Place.



IMPORTANT NOTICE

As of October 1, 2014, the My Pet Matters reward program has been discontinued and cards are no longer valid at retailers.

Continue to receive many benefits by licensing your pet:

- Direct return home
- Safe shelter
- Access to 6 Dog Parks
- Dog Park Ambassador Groups
- Subsidized Spay and Neuter Program
- Enforcement of Animal Control and Dangerous Animal Bylaw
- Pet at Large Card

The City of Saskatoon apologizes for the inconvenience and is currently looking into new options.

www.saskatoon.ca/go/animalservices



The StarPhoenix



UNIVERSITY OF
SASKATCHEWAN

Participants with Chronic Low Back Disorders Needed

We are looking for volunteers to take part in the study "The Use of Videoconferencing for Assessment of Chronic Low Back Disorders"

The purpose of this research is to compare the assessment of your low back disorder using three different approaches: a physical therapist, a nurse practitioner, and a team consisting of a nurse practitioner and a physical therapist communicating using videoconferencing.

- Your participation will involve one 3 hour assessment visit. The assessment of your low back disorder will include a comprehensive medical history and assessment of your posture, back mobility and neurological tests related to your back.
- You will also complete questionnaires regarding your health and chronic low back condition.
- In appreciation of your time, you will receive a gift card for The Hotspots or Galaxy.
- If you wish a comprehensive report outlining the assessment findings and any treatment recommendations will be sent to your primary health care provider.

You are eligible to participate if you:

- are between the ages of 18 and 80 years
- have had low back related problems for at least 3 months
- are not currently receiving benefits from WCB, SSI or other third party insurance

For more information please contact:

Dr. Brenne Smith, School of Physical Therapy (306) 966-6573
Ms. Brena Star, Research Assistant, School of Physical Therapy (306) 966-6216
Email: brenne@usask.ca

The research is supported by the Saskatchewan Health Research Foundation (SHRF)

EVENTS

The Phantom of the Opera
Oct. 25, 1 p.m. and 7:30 p.m.,
at Royal Theatre, Saskatoon
Symphony Orchestra's
Silence Is Golden Series. Feat-
uring pianist Rick Friend and
guest conductor Brian Unwin-
richi. A live performance of
the score as the silent movie
plays. Tickets at 306-655-
6554.

Memory Lane
Oct. 25, 7:30 p.m., at Deno-
land in Manitou Beach. Pre-
sented by the Watrous & Area
Arts Council. A tribute to the
1940s, '50s and '60s. Feat-
uring Stephen Maguire. Tickets
at the door.

BALA 2004 Latin Party
Oct. 25, 9 p.m., at Majique's,
2124 18th St. S. Featuring DJ
Diego, Duane Werns, Saska-
toon Sales and Latin Fusion.
Tickets at members.bala.ca.

Second Annual Mesquaque
Oct. 25, 7 p.m., at The Saska-
toon Club, 417 21st St. E.
Presented by ULEA Opera on
the Prairie Inc. An evening of
music, food and wine. With
entertainment by LOOP ar-
tists. Tickets at playhouse.com

**Fashionweek with Ready
ToGo!**
Oct. 26, 12:30 p.m., at TCU
Place. Presented by Capable
Fashion & Enrich. Tickets at
306-475-7700, tucoplac.ca.

BALFAY Discussion Series
Oct. 26, 1 p.m., at the McHenry,
509 Dufferin Ave. Presented
by Live Film. Four critics with
four insightful conversations
that will unfold and enrich
the world of Live Film plays.
This discussion explores "My
Babe!" Free tickets at 306-
653-5197, emtombos.ca.

**Multi-Cultural Festival of
the Arts**
Oct. 26, 2 p.m., at the Jew-
ish Community Centre, 713
McKenney Ave. S. Dance and
dramming groups, artists

and the Saskatoon Klezmer
band. Admission at the door.

Flute Sonatas of JS Bach
Oct. 26, 2 p.m., at Christ
Church Anglican. With Brenda
Matis and Ross Cantorian on
flute, and Renee de Masson
on harpsichord. Admission at
the door.

Annual Fall Tupper
Oct. 26, 6:00pm to 4:30 p.m.,
5:30 p.m. and 6:30 p.m., at the
Rex Hall, 508 12th St. E. Tick-
ets at 306-342-9122. 306-
344-5547, 306-374-3545.
306-650-3725 or 306-39-
3605. Hosted by Saskatoon
Rex and Rexal Maple.

**The Second Feast Small
Plates Dinner**
Oct. 26, 6:30 p.m. to 9 p.m., at
Saskatoon. Presented by Slow
Food Saskatoon. A six-course
small plates dinner prepared
by the Holbein-Smith and
Moele Charney from recipes
found in The Second Feast.
Inspiring author Michele
Gennet and a Northern Tour
slide presentation. Tickets at
slowfo.ca.

**An Evening with David Suzuki
Rise Get Tour**
Oct. 26, 7 p.m., at TCU Place.
Hosted by the David Suzuki
Foundation & cross-country
celebration, recognizing that
at Confederation we have the right to
a healthy environment, with
performances by Jim Carby
and Greg Kewler. Tickets at
306-975-7799, tucoplac.ca.

**Off-Broadway Farmers' Mar-
ket, International Bazaar,
and More**
Tuesday, from 10 a.m. to 6 p.m.,
in the basement of Grace West-
minster United Church, 303
10th St. E. Offering a variety of
locally produced food, clothing
and accessories from Jew-
elry, pet products, baking, and
leisure dishes. Many vendors
welcome. Call 306-666-2940
or email pearl.hartman@
shaw.ca.



Enjoy An Evening with David Suzuki Rise Get Tour on Oct. 26 at TCU Place. Hosted by the David Suzuki Foundation. Photo: Howard

**SUO and the Modern Jazz
Orchestra**
Oct. 26, 7:30 p.m., at Broad-
way Theatre. The Saskatoon
Jazz Orchestra performs. Feat-
uring Canadian and US legend
Jim Hentz. With works by Pat
Metheny and Chick Corea.
Tickets at 306-692-6006,
broadwaytheatre.ca

**2014 Lieutenant Governor's
Arts Awards**
Oct. 26, 8:30 p.m., at TCU
Place. Hosted by Jeffrey
Smolen. Featuring perfor-
mances by Saskatoon
artists and at work from the
Arts Board's Permanent Col-

lection. Tickets at 306-692-
1567, poline@conpurpose.ca,
or poline.ca

Cash Old Time Dancing
Second and fourth Tuesday
of the month, through April. 7:30
p.m. to 9:30 p.m., at Grace-
Westminster United Church,
503 10th St. E. Hosted by
Saskatoon Pattern Dance
Club. Cashier donations for the
first hour. Call 306-374-3885
or 306-382-1000.

**Seven Days that Trans-
formed the World Lecture
Series**
Oct. 28, 6 p.m., at The Ilse

and Hendrick, 412 16th St. E.
The Day After Tomorrow Invented a
Population Problem by U of
S Department of History Prof.
Jim Handy. On June 7, 1798,
Rev. Thomas Robert Malthus,
anonymously published An
Essay on the Principles of
Population.

THEATRE

**The highest Step in the
World**
Oct. 22 to Nov. 9 at Perse-
phone Theatre & Ghost River
Theatre production. The story
of a boy who one day alone
to the sun a woman who fell

out of the sky and a man who
lovesly leaped from the edge
of space. Tickets at 306-386-
7727, persephonetheatre.org.

Memento
Oct. 24-25, 7 p.m., and Oct.
26, 3 p.m., at St. Thomas
More College, 1337 College St.
Presented by Newman Play-
ers. A one-act gender-bending
version of the Scottish play
Everything goes wrong. Tick-
ets at 306-966-8990 or at
the door.

Food donations are often extremely
valued offered by donors. Savings will
be passed on to those in need.

OUTSIDE THE LINES



Colouring contest

Each week, Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to bridges@thetownhunt.com. One winner will be chosen each week.

Please send entries by Monday at 9 a.m.



Last week's contest winner is Jazlyn Field, age 4. Thanks to everyone who submitted entries!



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SHARPEATS

See a food trend you think deserves a highlight in Bridges?
Email bridges@thestarphoenix.com
or visit Bridges on Facebook

#SASKATCHEWAN FOOD SCENE

Enjoy the tastes of southern Italy in Saskatchewan



Café/le Ristorante and Catering's focaccia bread topped with fresh beef, ricotta, feta, house-made sun-dried tomatoes and balsamic vinegar. BRIDGES/PHOTOS BY MICHELLE RYAN



The co-owner of Café/le Ristorante (D'Amore) explains how a dish is made to a customer. BRIDGES/PHOTOS BY MICHELLE RYAN

By Jenn Sharp

The first thing one notices upon entering Café/le is the smell. It's one that's instantly comforting. Garlic, tomato, basil, freshly baked bread.

The newly opened restaurant is tucked away on Alberta Avenue, in an unassuming building that perfectly matches the owners' personae.

I've never had so much fun eating lunch.

Giuseppe D'Amore owns the place with his uncle Giuseppe D'Amore.

They prepared more dishes than I ever thought possible for two men in a tiny kitchen. The food just kept coming. D'Amore gesturing excitedly as he told me about the ingredients and how it was made. D'Amore is slightly more reserved but equally as passionate about food. Nearly every recipe comes from his grandma or D'Amore's mother.

The family (there are several other relatives living in Saskatoon, including D'Amore's talented aunt, Rosa who gets up at 4 a.m. to make bread rolls) is the restaurant's

heart from southern Italy's Basilicata region.

As D'Amore's dad, Marco, who had stopped by for lunch, explained to me: "In Italy we eat pasta for breakfast, pizza for lunch and pasta for dinner so it's got to be good."

The family as Italy has was a half-century for 40 years. D'Amore grew up with the smell of freshly baked bread every day. Three years ago D'Amore went home and learned all the tricks of the trade from his grandmother, along with taking professional-level cooking classes.

He returned home inspired to bring a taste of Italy to Saskatoon. He also brought his family's secret, which is what makes all of D'Amore's food products so special.

It all started with a stall at the Saskatoon Farmers' Market, then the restaurant opened in September for lunch. Beginning Nov. 1 they'll be open for dinner too.

The first dish to serve at the cozy corner booth, beside a big window was focaccia bread topped with fresh basil, ricotta, feta and balsamic vinegar.

Next was eggplant melanzane, a delicious pasta with packed eggplant, garden greens, roasted red peppers, mozzarella, salami, provolone and a garlic and red pepper aioli.

Cabaret is made three times a week and starts with five days, the recipe was passed down from D'Amore's aunt in Italy. It was thanks to this recipe that he started Café/le — he loves Pizzeria so much he wanted to share his family's cabaret (the bread can really make or break a meal).

SHARP EATS



Best of Tucson's Spaghetti Aglio Ole is a spicy dish with anchovies, garlic, and hot chili peppers. Recipes featured on this page



Chef Stefania Bazzani cooks one of her favorite dishes at Taste of Tucson in Regina.

"We grew up with this stuff. It's in our blood," he explains.

Enfante's cuisine is soft, chewy, and probably the best I've had outside Italy.

More dishes followed, including Peppercorn Stuffed Potatoes (a side dish with a big sausage), bruschetta (pork shoulder with basil, Parmesan, ricotta and garlic) and a calzone.

Everything was incredibly good and it had nothing to do with the presentation or unique ingredients. It was good because it was simple food prepared with quality ingredients by people who care.

D'Amore explained it best: "It's all made with passion."

There was paper menus at Enfante, only a chalkboard, just like back home. And the prices are incredibly low for food of this quality. Quite literally, a hole-in-the-wall, the surroundings are far from modern but it's comfortable. And with out having to break the bank creating a trendy space, Enfante and D'Amore are able to concentrate on what really matters: the food.

In Regina, the small at Taste of Tucson is equally enticing.

The oldest spot is at the South Street mall in downtown Regina. The owners, Michael Stroh and Margaret Koor, are originally from Italy's Puglia region but lived in Tucson for 25 years before coming to Regina. Margaret, who is better known as Ronette, says she rarely

cooks Puglia food anymore to ensure she loves Italian so much.

She talks of a slow pace, and with wide smiles, explains there is a joy of savoring garlic, oil and chili peppers. The dish is one of her specialties — a spicy Spaghetti Aglio Ole. Peppercorn Stuffed Potatoes to day a handmade ravioli stuffed with ricotta cheese, sausage, garlic and mushrooms, with a tomato rose sauce.

Ronette, whose mother was Italian, learned how to cook in Tucson where she says everything is always "fresh and nothing is pre-made." That's also the style the family has brought to their Saskatchewan restaurant.

Ronette explains, as the dishes a healthy serving of bowls, bowls perfectly at hand on my plate, the busy families deserve a nice home-cooked meal in a comfortable atmosphere. It's clear she's proud of her food and of the business they've built in Regina.

Taste of Tucson, located at 1021 South Street, serves a lunch buffet Monday to Friday and is open in the evenings for dinner.

Enfante Pizzeria and Catering is open Monday to Friday for lunch and will be open for dinner beginning Nov. 1 at 2222 Alberta Avenue.

Photo by Michael Stroh for the Star
Photo courtesy of Ronette

WINE WORLD

#SASKATCHEWAN WINE SCENE

A red with soul to provide some warmth in autumn

By James Romanow

This time of year, the party moves off the patio and into the kitchen, as everyone seeks food, comfort and sym-bol-ic-warmth. Many of us will also be seeking out a glass of red wine. So what wine goes with autumn?

First, think of five wines that support the message of warmer-gone-better-than-the-winter-of-the-Blouse. They have a generosity about them, a sort of earthy warmth. And like many softies, they can also offer a certain elegance and restraint. They have, in a word, soul.

Usually people know the wines of the Okanagan, Chateau d'Ace, and there are great ones that are not as famous. They are also only a small taste of the wine region. There are neighbours and wine regions with very soft, but warm, with some warmth out of their bare less wine recognition.

In France, Godelite is considered almost as famous as Chateau d'Ace, and there are many more sought after than the Godelite. The Godelite of the wine comes from a Latin word, Godelite, meaning more pleasure. And indeed the reputation of the wine and foods of Godelite continue to this day with little like A Year in France.

When from Godelite has been internationally available throughout the province, both in the SLGA and the private stores. Certainly, it is a wine to seek out.



found the Laramie Godelite of the Godelite in Saskatchewan. It is a really nice wine with all the warm fruit and peppery bouquet you expect from a good, grape-based wine. It also has a certain balance, as suitable as a wine that I seldom find in New World vintages. This is a comfort wine, but a comfort wine, dressed by Chateau. In short, it is a wine to seek out.

Laramie Godelite, French, 2000, 94% ****
Main venue for winter in Monday's paper and on Twitter @tbroose

Crossword/Sudoku answers

BITT	ASIAN	NAMAS
LOOP	CASSEY	AGAVE
OWNS	ALERT	RAMON
CASINQUE	ALIRIS	
LAIT	ASINARE	
CORONAE	LIONS	
ARENA	KILN	TAGS
NYU	SASINIA	UNO
EXPLO	ROME	MURAL
RAINT	URVATS	
CASINQUE	NICE	
ALWAYS	VASINYOU	
STAND	JAMPS	SORS
YEMTA	ORCIU	ILIE
ARTY	SCATS	LOYS

7	1	6	9	2	4	5	3	8
3	5	4	6	1	8	9	7	2
8	2	9	3	5	7	1	4	6
5	6	1	2	3	9	4	8	7
9	4	8	1	7	6	2	5	3
2	7	3	8	4	5	6	1	9
6	3	5	4	8	2	7	9	1
4	8	2	7	9	1	3	6	5
1	9	7	5	6	3	8	2	4

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Hyde Park View is a transformation of the concept of adult housing in Saskatoon! This new 36 plus living, development is a fully located near river and pedestrian friendly and modern contemporary style, super amenities and Age in Place Design.

Life here starts are pre-selling with 45 units all available in the upcoming 4.5 story building. Starts near \$100,000 from \$22 to 1287 square feet, including one bedroom plus, two bedrooms and three bedrooms plus den units.

Design features include floor-to-ceiling windows that capture gorgeous views of Hyde Park, with an 257 acres of lakes, parkland and walking trails right across the street! All of the "must-haves" of today's condo market are offered. Generally, the standard in all of our units includes:

Age in Place Design includes 36 inch wide doorways and a seven foot, barrier free walk-in shower enclosed in glass. Mechanical systems are a higher standard than many condos with radiant in floor heat and central air systems with integrated exhaust for each suite.

Every life here suite features an outdoor parking stall in the secure, heated parking, with adjacent individual dry stacked storage room. Residents enjoy free access to the numerous attractive amenity spaces.

Assured living services can be purchased and delivered to the site, as required. When independent living becomes a challenge, individuals can move to the specially designed care where personal care is offered 24 hours a day. Their space can move with them or stay in their life-long suite. Twenty five personal care suites will provide an extraordinary level of care crafted by qualified, trained personnel.

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Connect with Shelley Davis at (306) 612-3338 and visit the website at www.hydeparkview.org for more information or drop by Hyde Lodge (1123 Main Avenue) between Main and 4th to pick up a color package.

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